A Mentoring Program to Promote Assertive Behavior among Primary School Pupils in the Kingdom of Bahrain

A Thesis Submitted in Partial Fulfillment of the Requirements for the Master’s Degree in Educational Measurement and Evaluation

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KINGDOM OF BAHRAIN
June/2014
Abstract:

The present study aimed at building a counseling program to promote assertive behavior among elementary school pupils (6th grade), in the Kingdom of Bahrain.

The study was carried out using the experimental method. The sample consisted of 14 pupils at the primary level (sixth grade), aged 11 to 12 years, and suffer from a decline in assertive behavior. They were divided randomly into two equivalent experimental and control groups, where the former was given the program, while the other did not receive any guidance sessions. The program consisted of 12 45-minute sessions, with two sessions each week.

Data were collected using the assertive behavior measure developed by the researcher. Furthermore, the study used a range of statistical methods such as Mann - Whitney and Wilcoxon tests. Results revealed the existence of significant differences between the experimental and control groups in all measures of the dependent variables, which may be attributed to the effectiveness of the counseling program.