A comparative Study of the Psychological Stress between Gifted and Ordinary Students at the Secondary School Level in the Kingdom of Bahrain

A Thesis Submitted in Partial Fulfillment of the Requirements for the
Master Degree in Counseling Psychology

Submitted by
Fahad Awad Abdulrahman Al-Asmari
Bachelor of Biology, King Saud University, Saudi Arabia, 1996

Supervised by
Dr. Ahmed Saad Galal
Associated Professor, Department of Psychology

Kingdom of Bahrain
January - 2014
(Abstract)

The study aimed to identify the main sources of psychological stress among gifted students in Bahrain, as well as the significant differences in the psychological stress between the ordinary and gifted students according to sex and grade at secondary school level in the kingdom of Bahrain.

The study sample consisted of 250 male and female students who were studying in public secondary schools in the Ministry of Education of the kingdom of Bahrain. The study used Measure of Psychological Stress, prepared by the investifato, and the Booklet for Discovering Gifted Students.

The study found out the following important results:

1- The most important sources of psychological stress among gifted students in high school in the kingdom of Bahrain was the school dimension, whose relative importance was (58.91%) in the study sample, followed by the emotional dimension, whose relative importance was (54.30%). Finally, the family and social dimension, whose relative importance was (48.16%), indicating that the level of psychological stress in the school dimension was very high among secondary school students.

2- There were no significant differences in psychological stress between the gifted and the ordinary students in the study sample.

3- There were no significant differences between the gifted and ordinary students according to sex and grades.