The Effectiveness of a Training Program for Developing of some of the Life Skills among a sample of Intellectually Disabled Children in the Kingdom of Bahrain

A Thesis Submitted in Partial Fulfillment of the Requirements for the Master Degree in Counselling Psychology

Submitted by
Hussain Ali Almudaweb
ID: 20012351

Supervised by
Dr. Tawfiq Abdulmonem
Associate Professor of Psychology

University of Bahrain
Kingdom of Bahrain
October 2016
Abstract

The Effectiveness of a Training Program for Developing of some of the Life Skills among a sample of Intellectually Desabled Children in the Kingdom of Bahrain

The aim of this research is to know the effective of a training program to develop the life skills in a sample of mentally disabled children in the Kingdom of Bahrain. The study was applied the procedures against a sample of the students with mentally disabled in Alamal institute for disabled. The sample was chosen on two levels. In the first level, 14 mentally disabled students were chosen whose ages from 8 – 12 years old. In the second level, the life skills measurement was implemented and the equivalence between the individuals in the sample and their age. The sample’s individuals were divided to two groups: Experimental group and it contains 7 of the mentally disables and the training program was implemented on them. The inspection Group which contains 7 of the mentally disables individuals were not implemented the training program on them like the first group. And by using Welkison and Woman Wittny tests, the results are as the following: There are some statistically significant differences between the average steps in the Experimental group before and after the implementation of the program on the total score of the life scale (Communication, Dealing with others and thinking skills) for the Telemetric. The differences between the averages of the children’s steps in the Inspection group and the averages in the Children’s steps in the Experimental group after implementing the program on the entirety class for the life measurement skills for the Experimental group.